

OFF-TO-COLLEGE CHECKLIST



SLEEP

- ☐ twin XL sheets
- ☐ twin XL comforter
- ☐ mattress pad (must be cotton, polyester, or a blend of each)
- ☐ pillows
- ☐ pillowcases
- ☐ alarm clock

HYGIENE

- ☐ toothbrush
- ☐ toothpaste
- ☐ shampoo
- ☐ conditioner
- ☐ soap
- ☐ hair comb & brush
- ☐ toiletries
- ☐ cosmetics

STUDY

- ☐ flash drive
- ☐ notebooks
- ☐ folders
- ☐ pens and pencils
- ☐ planner
- ☐ textbooks
- ☐ stapler
- ☐ scissors
- ☐ calculator
- ☐ push pins
- ☐ backpack

CLEAN

- ☐ trash bags
- ☐ air freshener
- ☐ disinfecting wipes
- ☐ paper towels
- ☐ sponge
- ☐ vacuum cleaner
- ☐ laundry detergent

PLAY

- ☐ laptop and charger
- ☐ headphones
- ☐ phone charger
- ☐ TV
- ☐ speakers
- ☐ gaming consol

EAT

- ☐ refrigerator (less than 5 cubic feet)
- ☐ kettle (auto shut-off)
- ☐ single brew keurig (auto shut-off)
- ☐ tea and coffee
- ☐ instant ramen
- ☐ snacks
- ☐ reusable bottle
- ☐ mug
- ☐ bowl
- ☐ utensils

DO NOT BRING

- Extension cords
- Electrical appliances (microwaves, toasters, rice cookers, crock pots, etc.)
- Weight benches
- Foam mattress toppers
- Objects hanging from ceiling
- Non-university issued furniture (chairs, mattresses, tables, desks, etc.)

For more information, visit stonybrook.edu/housing